









INFO@STROOPS.COM 1.800.344.2756









VITL KIT



CONTENTS

- 4 MEDIUM 36" SLASTIX
- 2 CONTOUR HANDLES
- 2 FOOT STRAPS
- 1 SWIVEL BELT
- 5 AGILITY DOTS

The VITL kit is versatile all-in-one resistance band training system. The kit comes with attachments to work your whole body. For use in gyms, personal training, or home workouts.

OUR FAVORITE MOVES







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PRODUCT WARRANTY

SLASTIX PRODUCTS: 1 Year Limited warranty for personal use and 6 Month Limited Warranty for personal trainers and commercial uses

OTHER STROOPS PRODUCTS: 6 Month Limited Warranty.

VISIT STROOPS.COM/WARRANTY-RETURN-POLICY/ FOR FULL DETAILS ON STROOPS WARRANTY AND RETURN POLICY.

PRODUCT CARE & WARNINGS

- Store in a dry location.
 USE UNDER THE SUPERVISION OF A RESPONSIBLE ADULT.
- This product can be dangerous if used incorrectly.

 Do not use this product for purposes other than described by the instructions.

 Read all instructions before use.

- Do not use Slastix as a rope or stretch to its maximum.

 Do not remove sleeve from the Slastix for any reason.

 Avoid repetitively stretching Slastix to the point of "joiting".
- For maximum results, the manufacturer's recommended replacement period is 12 months, or as soon as the band loses elasticity or shows signs of wear.
- 10. Manufacturer makes and issues no warranties with regards to this product, expressed or implied, and expressly disclaims all implied warranties, including but not limited to, the implied warranties of the MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE.

PRO TIPS:

- 1. Always train with a safety zone.*
- 2. Only anchor to sturdy objects.
- 3. Buy other resistances at stroops.com

*Please see Stroops.com for infor about training zones

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