



# //THE BEAST

SKU: BEAST47-  
47 LBS - LIGHT



## STROOPS.COM

A-15 Freeport Center Clearfield, UT 84016

## INFO@STROOPS.COM

## 1.800.344.2756



#STROOPS TRAINING AT THE SPEED OF LIFE



## THE BEAST

## CONTENTS

1 - 20' ELASTIC BATTLE ROPE



The Rope That Fights Back! Unlike a traditional battle rope, The Beast Battle Rope has elastic resistance built in. Change the way you train with battle ropes forever.

## OUR FAVORITE MOVES



ALTERNATING SLAMS



DOUBLE SLAMS



LUNGE ROW

Explore more exercises on [stroops.com](http://stroops.com)

### PRODUCT WARRANTY

SLASTIX PRODUCTS: 1 Year Limited warranty for personal use and 6 Month Limited Warranty for personal trainers and commercial uses.

OTHER STROOPS PRODUCTS: 6 Month Limited Warranty.

VISIT [STROOPS.COM/WARRANTY-RETURN-POLICY/](http://STROOPS.COM/WARRANTY-RETURN-POLICY/) FOR FULL DETAILS ON STROOPS WARRANTY AND RETURN POLICY.

### PRODUCT CARE & WARNINGS

1. Store in a dry location.
2. USE UNDER THE SUPERVISION OF A RESPONSIBLE ADULT.
3. This product can be dangerous if used incorrectly.
4. Do not use this product for purposes other than described by the instructions.
5. Read all instructions before use.
6. Do not use Slastix as a rope or stretch to its maximum.
7. Do not remove sleeve from the Slastix for any reason.
8. Avoid repetitively stretching Slastix to the point of "jolting".
9. For maximum results, the manufacturer's recommended replacement period is 12 months, or as soon as the band loses elasticity or shows signs of wear.
10. Manufacturer makes and issues no warranties with regards to this product, expressed or implied, and expressly disclaims all implied warranties, including but not limited to, the implied warranties of the MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE.

## PRO TIPS:

1. Always train with a safety zone.\*
2. Do not wrap around hard edges.
3. Always put hands through handles.

\*Please see [Stroops.com](http://Stroops.com) for info about training zones

## JOIN OUR COMMUNITY



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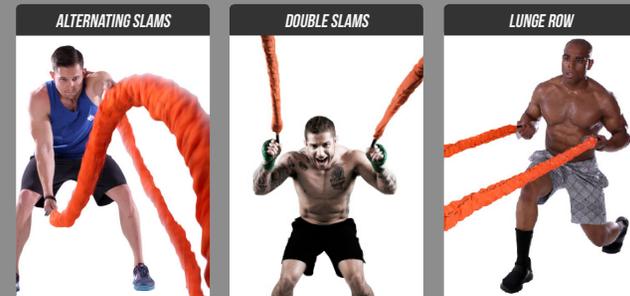
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