



LIKE THE SON OF THE BEAST?
TAKE A LOOK AT OUR OTHER PRODUCTS!

ACCELERATOR

TONER

COBRA PRO



STROOPS.COM/ACCELERATOR/



STROOPS.COM/SLASTIX-TONER/



STROOPS.COM/COBRA-PRO/

STROOPS.COM



SON OF THE BEAST

DISCLAIMER

The following guidelines should be observed when using this product:

- Always consult your physician before participating in any physical activity.
- Read all instructions, special product care, and warnings before using this product.
- Inspect the fabric and attachments for wear-and-tear or other damage prior to each use. DO NOT USE IF DAMAGED. REPLACE IMMEDIATELY.
- Neither manufacturer nor distributor assumes liability for accidents or damage that may occur with the use of this product.

PRODUCT CARE & WARNINGS

1. Store in a dry location.
2. USE UNDER THE SUPERVISION OF A RESPONSIBLE ADULT.
3. This product can be dangerous if used incorrectly.
4. Do not use this product for purposes other than described by the instructions.
5. Read all instructions before use.
6. Do not use Slastix as a rope or stretch to its maximum.
7. Do not protective sleeve from the Slastix for any reason.
8. Avoid repetitively stretching Slastix to the point of "jolting".
9. For maximum results, the manufacturer's recommended replacement period is 12 months, or as soon as the band loses elasticity or shows signs of wear.
10. Manufacturer makes and issues no warranties with regards to this product, expressed or implied, and expressly disclaims all implied warranties, including but not limited to, the implied warranties of the MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE.

CONTENTS

TWO - 10' SLASTIX

RESISTANCE: 77 .LBS

(SOTBPR77)

CONTACT

TOLL FREE: 1-800-344-2756
PHONE: 801-776-3322
EMAIL: INFO@STROOPS.COM



8 19875 01023 2

SON OF THE BEAST

The rope that fights back!® The Son of the Beast counters every movement of your body, demanding muscle contractions throughout the entire body, which allows you to work in all three planes of motion. Because the Beast is always fighting back due to the elastic function, your core must always be engaged, so you will get a great core workout no matter what exercise you are doing. Wrap your hands around these bad boys and go for a ride.

SET UP

- 1** ATTACH THE SON OF THE BEAST TO A STURDY ANCHOR.
 - 2** PUT HANDS THROUGH THE LOOPS.
 - 3** MOVE AWAY FROM ANCHOR POINT TO CREATE TENSION ON THE BEAST.
 - 4** PERFORM THE DESIRED EXERCISE.
- TIP:** USE A PARTNER AS AN ANCHOR AND SWITCH OFF FOR A AWESOME WORKOUT FOR TWO!

SAFETY

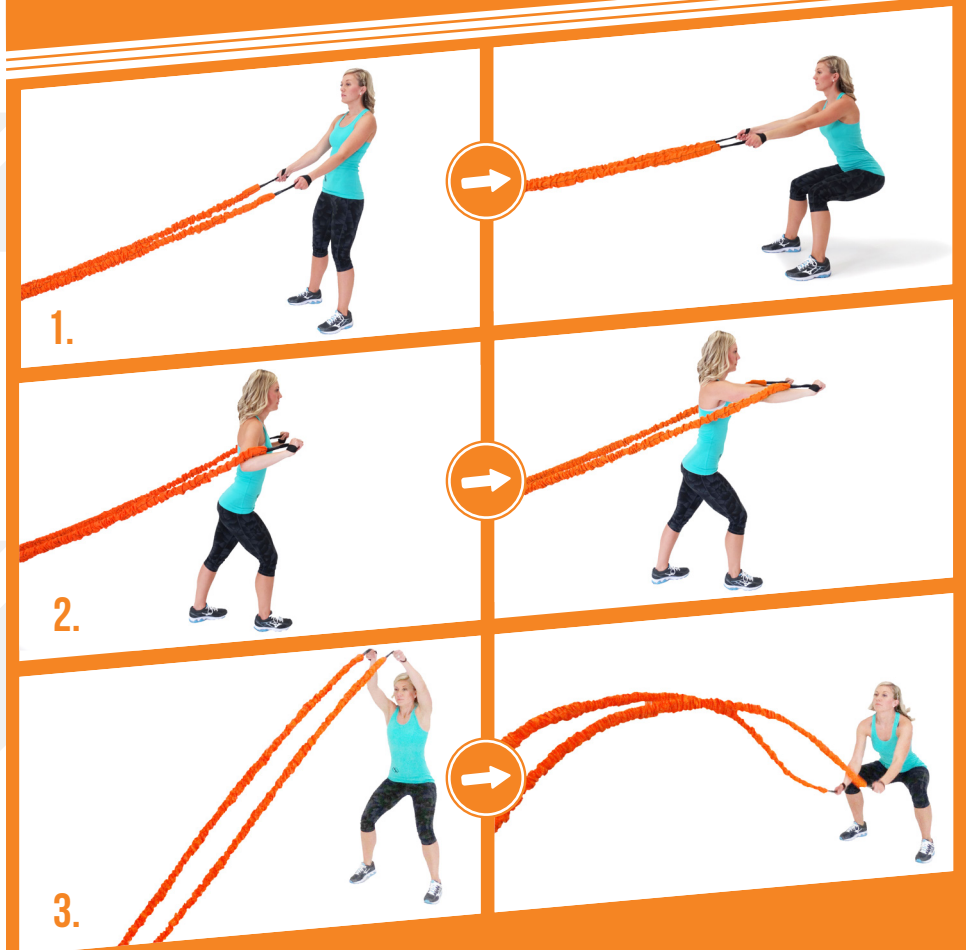


FOR FREE VIDEOS
ON THIS PRODUCT
GO TO:

STROOPS.COM/
SON-OF-THE-BEAST/

- OR -

EXERCISES



SHOWN ABOVE

1. ASSISTED SQUAT
2. PRESSES
3. SLAMS

FIND FREE WORKOUTS AND FITNESS INFORMATION AT
STROOPS ACADEMY



STROOPS.COM/ACADEMY/

